



**Nursing Mentorship program, September 15 & 16, 2025**  
**Venue – RCDR Auditorium**

**Scientific Program Agenda**

Session Details DAY 1			
Topic	Start & End Time	Speaker's Name	Speaker's Designation
Introduction & Reflection on the Need for Mentorship training - "Building Bridges: The Role of Mentorship in Personal and Professional Growth"	08:15 - 09:00	Ms. Aruna Ramesh	Nursing Education, Training and Research Sheikh Khalifa Medical City, Ajman
Career Progression & Specialization Advice - Tailoring Your Career to Your Passion and Strengths	09:00 - 09:45	Dr Selva Titus Chacko	Dean - College of Nursing Gulf Medical University, Ajman
Leadership & Management Skills - Empowering Tomorrow's Healthcare Leaders	09:45 - 10:30	Dr Mary Walton	Assistant Professor - College of Nursing Gulf Medical University, Ajman
<b>Coffee Break</b>	<b>10:30 - 10:45</b>		
Clinical Skills Development - Sharpening Clinical Excellence	10:45 - 11:30	Dr Sija Binoy	Assistant Professor - College of Nursing Gulf Medical University, Ajman
Conflict Resolution & Communication - Communicate with Clarity, Lead with Compassion	11:30 - 12:15	Dr Masani Abdelbagi	Assistant Professor - College of Nursing Gulf Medical University, Ajman
<b>Lunch Break</b>	<b>12:15 - 13:00</b>		
Patient Safety & Quality Improvement - Embedding Quality in Daily Practice	13:00 - 13:45	Dr Samar Mahmoud Alhadary	Assistant Professor - College of Nursing Gulf Medical University, Ajman
Emotional Well-being & Stress Management - Resilience in the Face of Pressure	13:45 - 14:30	Dr Soma Ali Ibrahim	Assistant Professor - College of Nursing Gulf Medical University, Ajman



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Session Details Day 2			
Topic	Start & End Time	Speaker's Name	Speaker's Designation
Time Management & Work-Life Balance - Balancing the Badge: Wellness & Efficiency	09:00 - 09:45	Dr Remya R Pillai	Assistant Professor - College of Nursing Gulf Medical University, Ajman
Interdisciplinary Collaboration - Collaboration Across Clinical Boundaries	09:45 - 10:30	Ms Vimala Varatharajan	Lecturer - College of Nursing Gulf Medical University, Ajman
Research & Academic Writing - Translating Data into Discovery	10:30 - 11:15	Dr Ponchitra Ramanathan	Associate Professor - College of Nursing Gulf Medical University, Ajman
<b>Coffee Break</b>	<b>11:15 - 11:30</b>		
Ethics & Professionalism - Practicing with Integrity and Compassion	11:30 - 12:15	Dr Soney M Varghese	Assistant Professor - College of Nursing Gulf Medical University, Ajman
Constructive feedback - The Power of Constructive Feedback	12:15 - 13:00	Ms Thushara Sekhar	Lecturer - College of Nursing Gulf Medical University, Ajman
Critical Thinking in Action - Learning Through Reflection in Healthcare	13:00 - 13:45	Dr Veena M Joseph	Assistant Professor - College of Nursing Gulf Medical University, Ajman
<b>Lunch Break</b>	<b>13:45 - 14:30</b>		
Advanced Technology and Artificial Intelligence in Healthcare - Harnessing AI for Smarter, Safer Care	14:30 - 15:15	Mr Suraj Sebastian	IT Lecturer & Learning Manager Gulf Medical University, Ajman