



Mélange

UNITY IN DIVERSITY

جامعة الخليج الطبية
GULF MEDICAL UNIVERSITY
LEARN FROM THE WORLD

Editor's Letter

Dear freshmen and returning students, welcome to the new academic session 2019-2020. Hope y'all had a relaxing and refreshing summer break and are all set for university! While only two weeks have passed since our college started, we have all quickly adapted to a typical uni routine and the vacation seems like it was a very long time ago. Melange's 2019 Summer issue is like a short recap of the various gmu events that took place in the months of June-July. We also asked some of the returning students to share with us their summer holiday experiences and came across some really interesting places to visit that you must make a note of!. For the newcomers, Melange is a student led monthly e-newsletter that started in 2017. Our main aim is to engage students with the happenings of GMU and celebrate our university's diverse atmosphere. Alhamdulillah this is the 10th publication and with your encouragement and support there are many more to come.

Thank you, signing off,

Engila Khan (2017bm12) | Editor-In-Chief

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ORIENTATION 2019-2020



Orientation Program 2019- Students enrolling in the fall semester of the new academic year gathered together on August 28th to be oriented more about the university.

WHITE COAT CEREMONY



White Coat Ceremony 2019- On 12th September, Gulf Medical University incorporated its new batch of 472 future Healthcare professionals.

SUMMER 2019 EVENTS



June 13th - A guest lecture about 'periodontal pocket' was delivered to the post graduate students in MDS Periodontics program offered by College of Dentistry Gulf Medical University.

June 16th- GEMS - GMU 'Future Scientists of the UAE' Certificate Distribution Program.



Joint Masters in Health Professions Education' Master Class by Prof. Judy McKimm and Prof. Paul Jones

June 20th- 5th International Yoga Day



June 22nd- GMU PharmD students organized a community engagement activity, titled "Vitamin D and Bone Health", at Nesto Hypermarket, Mushairef, Ajman.

June 25th- AHA Basic Life Support Provider Course.



June 28th- Gulf Medical University, Ajman organized "Symposium on Cancer Therapy Innovations & Clinical Updates" in collaboration with Cleveland Clinic Abu Dhabi



July 2nd- A presentation about fire safety procedure and on evacuation, presented by the Safety Officer, Mr. Manulal Mohanan at GMU campus



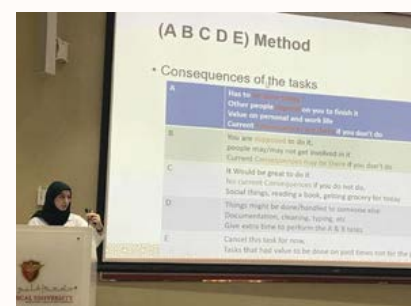
GMU students visited Italy, Slovenia and Croatia as part of their educational and sightseeing tour in the summer of 2019 with Ms. Burcu Aydin.



July 4th- ten of our PharmD students from GMU College of Pharmacy participated in an Open House Event organized by Sandoz, a division of Novartis specialized in generic and biosimilar medicines.




July 16th- Dr. Jumana Al-Salloum, Clinical Preceptor at college of pharmacy, GMU delivered a motivational workshop style presentation titled "Time Management: Tips and methods to improve the quality of time spent".



12th September- Onam festival celebration





How Productive Was Your Summer?..





For our vacation, my family and I decided on a trip to India. We visited Benguluru first, stayed in a 4 star hotel, and toured around the city. Some days later, we flew to Chennai, to spend quality time with our close relatives. Fast forward to 2 weeks later, we retreated to Mumbai to trek around scenic hill stations. I also got to explore my adventurous side by visiting two amusement parks. My summer this year was perfectly balanced with fun travel stories and relaxation, like all summers should be. Now I feel super rejuvenated for the new academic year!~ **Fathima Sheik (Pharmacy Student)**

Closer to the end of my summer, I traveled to South Africa. I was between Johannesburg, Pretoria and Ballito. Ballito was beautiful, this was my first time and definitely will not be my last. The Ballito trip reignited my fascination with reptiles and ticked an item off my bucket list. ~**Tadiwa Faranisi (ADPCS student)**

Getting a 3 months summer break after a hectic 3rd year, left me with a lot of plans. I ended up interning in International modern hospital for a week, where being a dental student, I was exposed to a lot of different medical fields. And when Dubai's heat increased, my family decided to fly to UK for a few days. We visited Manchester, Leeds and London and I soon was back to begin my 4th year. ~ **Zainab Tabrezi (Dental Student)**



I was lucky enough to visit some beautiful countries this summer, a trip to a place called 'peace village' situated in wayanad, kerala stands out to me. The people that live here are abandoned by family or people that have no where to go. I saw mothers that talked fondly of their high achieving children (that sadly don't check up on them), I met a writer who started writing after reaching this place, she has a published book now, I saw someone who couldn't talk, but yet conveyed so much to me. And I had an older woman hold my hand and tell me 'study well, get a good job, marry a good man'. I felt so much love from people that were deprived of it. When I would say goodbye to each of them, they would say 'visit us again soon'. I think its moments and experiences like this that should remind us to be humble. **Ahsana Ashraf (Anesthesia Student)**

As a wife and a mother, the summer holiday is one holiday I usually look forward to, because it gives me enough space to spend time with my family. I spent 90% of my holiday outside my home. Most of it was in a 5star resort in Fujairah. It's one of the most beautiful places to visit in UAE during summer because of its lovely weather and nature. Truly enjoyed my holiday and never wished it ends but its what it's, it was a wonderful cool off. The semester has just begun and it's my final year so, I feel great to be back.

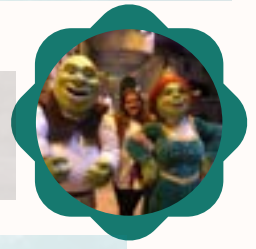
Truly yours, **Sandra (College of Nursing)**

This summer was easily one of my favourite ones up to now. I was a summer intern at the Institute for Stem Cell Science and Regenerative Medicine in Bangalore, India. All the projects at the lab I was working at were centred around lung regenerative medicine, and I was assigned and completed a mini project in the same field. My project was titled "Expression of Wnt 9a and 10a in senescent human lung fibroblast and alveolar adenocarcinoma cell lines". I got to perform a number of experiments such as RNA extraction and qPCR. Aside from work, the people I met at the institute were absolutely amazing and friendly. It felt more like a tight-knit family with the amount of dinner parties and the celebrations we had for almost every successful experiment we had. All in all, it was by far my most cherished summer internship experience. **Munazza Khan (Biomedical Science Student)**

Bali, an Indonesian island known for its picturesque beaches and temples is a must visit to adventure junkies seeking scenic views and a great nightlife. Indonesian cuisine like Nasi goreng and their seafood are delicious and a must try. Also try out their luwak coffee made from coffee seeds fermented in a civet cat's stomach! The islands of nusa penida and Gili are also places to visit. Places of interest: Ubud central District, Seminyak beach, Nusa penida, Canggu beach **Nadhir Rehman (MBBS student)**

What's a more sophisticated way of saying I ate, slept, caught up on TV shows and let myself do anything and everything I felt? This summer I wanted to relax and explore the tiny corners to eat in and around Abu Dhabi. Dubai's new adventure sports/parks were the highlight of my trip. Honestly, a little bit of summer's what the whole year is all about, so I let myself unwind! **Sabrina Sayed (Physiotherapy Student)**



Summer vacation this year was quite productive for me. I did an elective training related to the field of ultrasound. The training helped expand my horizons in many ways! **Fiza Ahmed (Medical Imaging Student)**

Meet The Team

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Fathima Sheik Kather(2018ph10)

Nadhir Rehman (2018m066)

Announcement

- Students who are interested in joining the Newsletter Committee as a writer/ events reporter/ artist/ graphic designer, please email - 2017bm12@mygmu.ac.ae.
- There is an urgent need for Graphic Designers especially.
- Selected members will receive certificates at the end of the academic year.

Mèlange students' newsletter is downloadable at <https://gmu.ac.ae/office-student-affair/>



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